

# Case Study

## Acquired Brain Injury

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### The Service User

Steve\* had a car accident at the age of 10, which resulted in a brain injury. As a result, Steve has limited insight and presents some challenging behaviour, which had been causing some friction in his family home. Steve also tires easily and has poor concentration when he is stressed.

### The Requirement

Strand Nurses Bureau started to support Steve three years after his accident with a package of care before and after school and also at weekends. This meant that his parents could have some respite and also spend time with their two younger children.

Steve found it difficult to cope with things that were not planned for, so Strand Nurses Bureau produced a weekly planner on a whiteboard, with scheduled time in for activities that he could choose the evening before. Another serious area for concern was Steve's lack of understanding of road safety and he would frequently walk out into the road, so as part of his care package Strand worked extensively on this area and also supported and enabled Steve to plan and use public transport.

The outcome based care package changed and evolved as Steve got older, supporting him in his transition to independence. At 18 he decided, in conjunction with his parents and Case Manager, that he wished to attend a specialist, residential college in the London area.

Initially Steve did not have any extra care planned for his time at college, but it became clear very quickly that he did need that extra support. Steve, his Case Manager and family decided he would benefit from renting a flat near the college and having one to one support within his home and when out in the community.

As Steve's relocation required his care to be moved to a different branch, Steve's key worker from his previous care package spent 2 weeks in the London area handing over to the new team of workers. Additional training workshops were provided on Supporting Relationships and Sexuality, as getting a girlfriend was a big focus in Steve's life at the time.

### The Outcome

Steve has done well in college and is now being supported by his Case Manager to buy a property closer to his family. He will continue to receive care and support from Strand Nurses Bureau, to support him during this transitional phase.

*\*Service user's name has been changed for data protection reasons*